

*CPX International Inc*

*(formerly ISEIRE Inc)*

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As cardiopulmonary exercise testing is an elective procedure and associated with an elevated release of aerosol / droplets, routine testing should be deferred, in accordance with statements released on medical societies' websites for deferral of non-urgent CV testing and procedures [1], and for pulmonary function testing [2,3].

Tests may only be considered in individual cases, **if a substantial AND immediate clinical consequence is expected to result.**

If a test has to be performed, safety of patients and staff has highest priority, therefore:

- Staff must wear personal protection equipment according to patient status and guidelines of the individual institution, the local infection control team and health authorities.
- The number of persons in the room has to be reduced to a reasonable minimum.
- Exercise / gas exchange equipment and surfaces must be thoroughly cleaned after each test with appropriate cleaners, according to manufacturers' recommendations.
- Adequate airing of the room is required after each test.

As the COVID-19 pandemic is a dynamic process, it is

mandatory to closely look for updates, released by local authorities and the medical societies.

References:

1: <https://www.acc.org/latest-in-cardiology/articles/2020/03/24/09/42/general-guidance-on-deferring-non-urgent-cv-testing-and-procedures-during-the-covid-19-pandemic>

2: <https://www.thoracic.org/professionals/clinical-resources/disease-related-resources/pulmonary-function-laboratories.php?>

3: Consensus statement of the British Thoracical Society / the Association for Respiratory Technology & Physiology. Source:

<https://www.artp.org.uk/News/artp-covid19-update-18th-march-2020>